

The SARmazing Race

Has it been a while since you practiced all of those skills you learned in your basic search class? Even if it hasn't, we have a fun, exciting and educational weekend just for you and your fellow search team members.

Please join us for the whole weekend or either activity.

Friday November 19 1800-2200

Skills Review

Is there a skill or two that you feel like you need to brush up on? Our instructors will be on hand to help you freshen up your search and rescue skill set.

Saturday November 20 0800-1700

Search and Rescue Skills Based

Exercise

Teams of 2-4 searchers will embark on a journey through the wilderness. Teams will have to use their orienteering abilities to find ten challenges to complete.

The 10 Challenges

1. Musculoskeletal Injury Management
2. 50% Detection of clues
3. Exposure Injury & Condition Management
4. Evacuation of a victim - stokes basket
5. Location recognition / map reading
6. Fire Starting/boil water
7. Orienteering - general course
8. Mechanical Advantage Systems
9. Knot Tying
10. Shelter Building

SAR Pack Packing List

We will provide the equipment for medical and rescue stations
Stations 1,3,4,8,9

**It will be your team's responsibility to make sure you have the needed equipment for all other stations in the exercise.
I.e. Fire building, shelter, orienteering** Stations 2,5,6,7,10

Sunday November 21 0800-1700

Practical Search Exercise

What would a search training weekend be without an actual lost person?

Questions- Please Contact

Matthew Hunt- 336-653-4804 – huntwsfd@gmail.com

Friday

Ash Rand Rescue and EMS
805 S Cox Street
Asheboro, NC 27203

Saturday and Sunday

NC Zoo – African Parking Lot
4401 Zoo Parkway
Asheboro, NC 27205